

Bachelor of Science Physical Education with a Major in PreK-12 Health and Physical Education (BS)

Degree Program Guide

The Degree Program Guide is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

Course	Title	Credit Hours
Freshman		
Fall		
ENGL 110C	English Composition (C or better required)	3
Nature of Science (BIOL 117N/BIOL 118N recommended)		4
Information Literacy and Research		3
Human Creativity		3
COMM 101R	Public Speaking	3
Credit Hours		16
Spring		
Select one of the following:		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Literature		3
Nature of Science (BIOL 121N/BIOL 122N recommended)		4
Select one of the following:		3
MATH 101M	An Introduction to Mathematics for Critical Thinking	
MATH 102M	College Algebra	
MATH 103M	College Algebra with Supplemental Instruction	
MATH 162M	Precalculus I	
STAT 130M	Elementary Statistics	
Interpreting the Past		3
Credit Hours		16
Summer		
Elective or Foreign Language (if required)		3
Credit Hours		3
Sophomore		
Fall		
Philosophy and Ethics		3
HPE 200	Foundations of Education, Physical Education and Health	3

HPE 218	Aquatics and Outdoor Education (C- or better required)	2
HPE 220	Teaching of Team Sports (C- or better required)	3
BIOL 240 or BIOL 250	Fundamentals of Anatomy and Physiology I (C- or better required) or Human Anatomy and Physiology I	4
Credit Hours		15
Spring		
PSYC 201S or PSYC 203S or HMS 200S	Introduction to Psychology or Lifespan Development or Personal Health and Wellness	3
HPE 222	Teaching Individual Sports and Dance (C- or better required)	3
HPE 300	Teaching Elementary Physical Education (C- or better required)	3
HPE 301W	Methods and Materials in Teaching Physical Education (C or better required)	3
Elective		2
Credit Hours		14
Summer		
Elective or Foreign Language (if required)		3
Credit Hours		3
Junior		
Fall		
EXSC 322	Anatomical Kinesiology and Musculoskeletal Injuries (C- or better required)	3
HPE 317	Human Growth & Motor Development (C- or better required)	3
HPE 400	Management Skills for Teaching Health and Physical Education (C- or better required)	3
HPE 409 or EXSC 309	Physiology of Exercise (C- or better) or Fundamentals of Exercise Physiology	3
Credit Hours		12
Spring		
HPE 318	Motor Learning (C- or better required)	3
HPE 324	Teaching Injury Care for Sports (C- or better required)	3
HPE 402	Methods and Materials in Health Education (C- or better required)	3
TLED 408	Reading and Writing in Content Areas (C- or better required)	3
TLED 430W	PK-12 Instructional Technology (C- for better)	3
Credit Hours		15
Senior		
Fall		
HPE 404	Adapted Physical Education (C- or better required)	4

HPE 406	Tests and Measurement in Physical Education and Health (C- or better required)	3
HPE 430	Nutrition and Fitness Education (C- or better required)	3
HPE 469	Practicum Experience and Instructional Planning in Health and Physical Education (C- or better required)	3
HPE 480	Teacher Candidate Seminar (C- or better required)	1
Credit Hours		14
Spring		
HPE 485	Teacher Candidate Internship (C- or better required)	12
Credit Hours		12
Total Credit Hours		120