

Bachelor of Science Physical Education with a Major in Coaching and Physical Activity Leadership (BS)

This program is designed to promote competencies involved in teaching, coaching, and leadership in sport and physical activity settings.

Katelyn Makovec, Undergraduate Program Director
2030 Student Recreation Center
757-683-3355
ksmith@odu.edu

Requirements

Lower-Division General Education

Written Communication (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#written)	6
Oral Communication (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#oral)	3
Mathematics (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#math)	3
Language and Culture (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#language)	0-6
Information Literacy and Research (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#information)	3
Human Behavior (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#behavior)	3
Human Creativity (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#creativity)	3
Interpreting the Past (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#interpret)	3
Literature (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#literature)	3
Philosophy and Ethics (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#philosophy)	3
The Nature of Science (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#nature)	8
Impact of Technology (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#impact)	3

Written Communication Skills: Grade of C or better required in both courses

Oral Communication: COMM 101R required

Mathematics: Select from MATH 101M, MATH 102M, MATH 103M, MATH 162M, or STAT 130M.

The Nature of Science: BIOL 117N/BIOL 118N and BIOL 121N/BIOL 122N recommended

Impact of Technology: Satisfied by TLED 430W in the major.

Upper-Division General Education

Satisfied by the required minor in Coaching Education included in the program.

Requirements for Graduation

- All program requirements
- ENGL 110C, ENGL 211C or ENGL 231C, and the writing intensive (W) course in the major with a grade of C or better

1 Physical Education with a Major in Coaching and Physical Activity Leadership (BS)

- A minimum cumulative 2.0 GPA in the major area and in the professional education core, with no grade less than a C- in the major.
- Completion of the Senior Assessment
- Successful completion of the Coaching Internship
- Completion of a minimum of 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University.

All HPE, EXSC, SMGT, and TLED courses and BIOL 240 or BIOL 250 will be used to calculate the major content grade point average. Grade point averages must be 2.0 for continuance and graduation. Additional elective hours may be needed to make 120 total hours.

Due to changing University requirements, national accreditation standards, and the Virginia Board of Education licensure regulations, the programs in the Darden College of Education and Professional Studies are under constant revision. Any changes resulting from these factors supersede the program requirements described in this Catalog.

Coaching in Physical Activity and Leadership Major*

General Education

Complete lower-division requirements 38-44

Complete upper-division requirements (met in the major)

Coaching and Physical Education Leadership

BIOL 240 or BIOL 250	Fundamentals of Anatomy and Physiology I Human Anatomy and Physiology I	4
TLED 430W	PK-12 Instructional Technology	3
HPE 200	Foundations of Education, Physical Education and Health	3
HPE 218	Aquatics and Outdoor Education	2
HPE 220	Teaching of Team Sports	3
HPE 222	Teaching Individual Sports and Dance	3
HPE 300	Teaching Elementary Physical Education	3
HPE 301W	Methods and Materials in Teaching Physical Education	3
HPE 317	Human Growth & Motor Development	3
HPE 318	Motor Learning	3
HPE 324	Teaching Injury Care for Sports	3
HPE 400	Management Skills for Teaching Health and Physical Education	3
HPE 404	Adapted Physical Education	4
HPE 406	Tests and Measurement in Physical Education and Health	3
HPE 409 or EXSC 309	Physiology of Exercise Fundamentals of Exercise Physiology	3
HPE 415 or SMGT 415	Principles of Coaching Management Principles of Coaching Management	3
HPE 430	Nutrition and Fitness Education	3
HPE 456 or SMGT 456	Sports Psychology Sport Psychology	3
HPE 368	Coaching Internship	6
SMGT 315	Sport Media and Public Relations	3
SMGT 331	Fiscal Planning and Management in Sport and Recreation	3
SMGT 414	Sport Marketing	3
SMGT 432	Sport Facility and Event Management	3

Total Credit Hours

111-117

* Grade of C or better required in HPE 301W; grade of C- or better required in all other courses.

All HPE, EXSC, SMGT, and TLED courses and BIOL 240 or BIOL 250 will be used to calculate the major content grade point average. Grade point averages must be 2.00 to graduate.

Additional elective hours may be needed to reach 120 total credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University.

Background Clearance Requirement

Old Dominion University requires a background clearance check of candidates interested in many of the professional education programs. Professional education programs have several field experiences that are required for continuance and graduation from the program. The background clearance must be successfully completed prior to a field experience placement. Candidates will be provided a field experience placement when the background check process is completed with resolution of any issues. The process to complete the ODU clearance background check is located at: <https://ww1.odu.edu/oce/placement/background-checks> (<https://ww1.odu.edu/oce/placement/background-checks/>). The ODU clearance process includes: an FBI fingerprint SP-24 form, a child protective service/social service review, and a Virginia State Police sex offender registry review. Candidates interested in the professional education programs are advised to complete this clearance process immediately upon entry into the program since the clearance process takes a minimum of eight weeks to complete.

Degree Program Guide

The Degree Program Guide is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

Course	Title	Credit Hours
Freshman		
Fall		
ENGL 110C	English Composition (C or better required)	3
Nature of Science (BIOL 117N/BIOL 118N recommended)		4
Information Literacy and Research		3
Human Creativity		3
COMM 101R	Public Speaking	3
Credit Hours		16
Spring		
Select one of the following: (C or better required)		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Literature		3
Nature of Science (BIOL 121N/BIOL 122N recommended)		4
Select one of the following:		3
MATH 101M	An Introduction to Mathematics for Critical Thinking	
MATH 102M	College Algebra	
MATH 103M	College Algebra with Supplemental Instruction	

MATH 162M	Precalculus I	
STAT 130M	Elementary Statistics	
Interpreting the Past		3
Credit Hours		16
Summer		
Elective or Foreign Language (if required)		3
Credit Hours		3
Sophomore		
Fall		
Philosophy and Ethics		3
HPE 200	Foundations of Education, Physical Education and Health (C- or better required)	3
HPE 218	Aquatics and Outdoor Education (C- or better required)	2
HPE 220	Teaching of Team Sports (C- or better required)	3
BIOL 240 or BIOL 250	Fundamentals of Anatomy and Physiology I (C- or better required) or Human Anatomy and Physiology I	4
Credit Hours		15
Spring		
HPE 222	Teaching Individual Sports and Dance (C- or better required)	3
Human Behavior		3
HPE 300	Teaching Elementary Physical Education (C- or better required)	3
HPE 301W	Methods and Materials in Teaching Physical Education (C or better required)	3
SMGT 315	Sport Media and Public Relations (C- or better required)	3
Credit Hours		15
Summer		
Elective or Foreign Language (if required)		3
Credit Hours		3
Junior		
Fall		
HPE 415 or SMGT 415	Principles of Coaching Management (C- or better required) or Principles of Coaching Management	3
HPE 317	Human Growth & Motor Development (C- or better required)	3
HPE 400	Management Skills for Teaching Health and Physical Education (C- or better required)	3
HPE 409 or EXSC 309	Physiology of Exercise (C- or better required) or Fundamentals of Exercise Physiology	3
Credit Hours		12

Spring		
HPE 318	Motor Learning (C- or better required)	3
HPE 324	Teaching Injury Care for Sports (C- or better required)	3
SMGT 331	Fiscal Planning and Management in Sport and Recreation (C- or better required)	3
HPE 456 or SMGT 456	Sports Psychology (C- or better required) or Sport Psychology	3
TLED 430W	PK-12 Instructional Technology (C- or better required)	3
Credit Hours		15
Senior		
Fall		
HPE 404	Adapted Physical Education (C- or better required)	4
HPE 406	Tests and Measurement in Physical Education and Health (C- or better required)	3
HPE 430	Nutrition and Fitness Education (C- or better required)	3
SMGT 414	Sport Marketing (C- or better required)	3
SMGT 432	Sport Facility and Event Management (C- or better required)	3
Credit Hours		16
Spring		
HPE 368	Coaching Internship (C- or better required)	6
Electives as needed		3-6
Credit Hours		9-12
Total Credit Hours		120-123

- 2.8 cumulative GPA or higher (on a 4.0 scale) *
- 3.0 GPA or higher in the undergraduate major *
- A combined GRE score of 291 or higher (verbal and quantitative sections) *
- Personal essay (no more than two pages) addressing motivations to apply to program, career interests, and ability to complete graduate level work
- Three letters of recommendation (from former professors or employers)
- Current copy of résumé
- Transcripts from all prior postsecondary institutions
- Test of English as a Foreign Language (TOEFL) score of 550 on the paper-based test (or 79-80 on the iBT) for non-native English speakers

* Students who have a low GPA or a low GRE score may be considered for admission with provisional status.

* The program admissions committee will consider GRE waiver requests for high potential candidates by considering application elements that demonstrate the ability to take on the rigor of graduate level studies. A request for a waiver does not guarantee that a waiver will be granted.

Master of Science in Education Programs

- Physical Education with a Concentration in Adapted Physical Education (MSEd) (<https://catalog.odu.edu/graduate/education/human-movement-studies-special-education/physical-education-adapted-msed/#text>)
- Physical Education with a Concentration in Coaching (MSEd) (<https://catalog.odu.edu/graduate/education/human-movement-studies-special-education/physical-education-coaching-msed/>)
- Physical Education with a Concentration in Curriculum & Instruction (MSEd) (<https://catalog.odu.edu/graduate/education/human-movement-studies-special-education/physical-education-health-sport-pedagogy-msed/>)
- Physical Education with a Concentration in Initial Virginia Licensure in Health and Physical Education (MSEd) (<https://catalog.odu.edu/graduate/education/human-movement-studies-special-education/physical-education-initial-virginia-licensure-health-msed/>)

Admission and Entrance Requirements

Applicants for the MSEd in Physical Education are required to submit credentials for consideration through the Office of Graduate Admissions at Old Dominion University. Students applying for admission with regular status must have:

- A completed online application via www.odu.edu/admission/graduate (<http://www.odu.edu/admission/graduate/>)
- A baccalaureate degree from a regionally-accredited institution or an equivalent degree from a foreign institution