

Bachelor of Science

Human Services (BS)

Kristy Carlisle, Undergraduate Program Director
Chaniece Winfield, Online Program Coordinator

The program leading to the Bachelor of Science in human services prepares students for entry-level positions in a wide variety of community service settings. Students in the program learn the roles and functions of the human service profession; characteristics of human growth and development; personal, social, and environmental factors affecting individual development; characteristics of human service agencies; theories and skills of human services; and how ethical issues, legal issues, and multicultural issues affect the work of the human service profession. Graduates are prepared to assist clients in coping successfully with developmental tasks of normal growth and in solving problems caused by personal, social, and environmental stress. Graduates may be employed in a wide variety of settings including mental health, disability services, substance abuse, aging/gerontology, domestic violence, child and youth services, correction/criminal justice, health care, recreation/fitness, and vocational rehabilitation.

Admission

Students must have a grade point average of 2.00 or above and have successfully completed ENGL 110C and ENGL 211C or ENGL 231C. A grade of C or better must be earned in ENGL 110C and ENGL 211C or ENGL 231C to meet the undergraduate writing program requirement.

Requirements

All human services majors must satisfy the Bachelor of Science in human services core requirements, major requirements, minor requirements, any applicable electives, and General Education requirements as listed below.

Lower-Division General Education

Written Communication (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#written)	6
Oral Communication (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#oral)	3
Mathematics (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#math)	3
Language and Culture (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#language)	0-6
Information Literacy and Research (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#information)	3
Human Behavior (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#behavior)	3
Human Creativity (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#creativity)	3
Interpreting the Past (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#interpret)	3
Literature (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#literature)	3
Philosophy and Ethics (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#philosophy)	3
The Nature of Science (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#nature)	8
Impact of Technology (https://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#impact)	3

Written Communication Skills: Grade of C or better required in both courses

Mathematical Skills: STAT 130M preferred.

Human Behavior: SOC 201S (C or better) required.

Oral Communication: Satisfied by HMSV 339 in the major.

Upper-Division General Education

Select one option from the following:

- Option A. Approved Disciplinary Minor (a minimum of 12 hours determined by the department) or Second Major or Second Degree
- Option B. Interdisciplinary Minor (specifically 12 hours, 3 of which may be in the major)
- Option C. An approved Certification Program such as teaching licensure
- Option D. Two Upper-Division Courses from outside the College of Education and Professional Studies and not required by the major (6 hours)

Requirements for Graduation

Requirements for graduation include the following:

- Minimum of 120 credit hours.
- Minimum of 30 credit hours overall and 12 credit hours of upper-level courses in the major program from Old Dominion University.
- Minimum overall cumulative grade point average of C (2.00) in all courses taken.
- Minimum overall cumulative grade point average of C (2.00) in all courses taken toward the major.
- Minimum overall cumulative grade point average of C (2.00) in all courses taken toward a minor.
- Completion of ENGL 110C, ENGL 211C or ENGL 231C, and the writing intensive (W) course in the major with a grade of C or better. The W course must be taken at Old Dominion University.
- Completion of Senior Assessment.

Human Services Major

General Education

Complete lower-division requirements	38-44
Complete upper-division requirements (minimum of 6 credit hours)	6

Human Services

HMSV 339	Interpersonal Relations	3
HMSV 341	Introduction to Human Services	3
HMSV 343	Human Services Methods	3
HMSV 344	Career Development and Appraisal	3
HMSV 346	Diversity Issues in Human Services	3
HMSV 368	Case Management & Crisis Techniques through Field Observation	3
HMSV 440W	Program Development, Implementation, and Funding	3
HMSV 444	Psycho-educational Groups	3
HMSV 449	Crisis Intervention, Prevention and Ethics	3
HMSV 491	Family Guidance	3
HMSV 468	Internship in Human Services	12
Select one of the following:		3
HMSV 447	Introduction to Substance Abuse *	
HMSV 448	Interventions and Advocacy with Children	
Select one of the following:		3
HMSV 452	Substance Abuse Treatment and Research *	
HMSV 494	Entrepreneurship in Human Services and Non-Profit Fundraising *	

Total Credit Hours **92-98**

* For students pursuing credentialing as a CSAC or CADC following graduation, HMSV 447 must be taken as the HMSV elective. Additionally, HMSV 452 must be selected as part of the required curriculum instead of HMSV 494. Please see the section below on Substance Abuse Course Sequence for additional information.

Electives

Elective credit will be needed to meet the minimum of 120 hours required for the degree.

Additional Requirements and Information

A one-semester, unpaid internship (HMSV 468) is required after all other General Education courses, core courses, major courses, and minor courses are completed. Students are not to take any other courses when enrolled in the internship. Requirements for the internship include a minimum cumulative GPA of 2.0 overall and in the major and minor. Students must earn a grade of C (2.00) or better in all HMSV courses before taking the internship.

Students' prior coursework will be evaluated by an advisor at the time of admission to the program. Following admission, students must obtain permission from an authorized faculty advisor before registering. Students should obtain a curriculum sheet from the Human Services website http://education.odu.edu/chs/academics/human_services/ or from their academic advisor to assist in making course selections. Students must adhere to all course prerequisites and corequisites as stated in the course descriptions and on the curriculum sheets.

Human Services Double Major Options

Human services majors can elect to double major in the areas listed below. Combining interest areas between two majors allows more versatility for students' future through enhanced opportunities to pursue graduate school and strengthening employability. In addition, several of these double major opportunities include specialized certificates to further demonstrate students' commitment and leadership in their field of choice.

Human Services and Sociology

The Department of Counseling and Human Services and the Department of Sociology and Criminal Justice have created an opportunity for undergraduate students to major in both human services and sociology. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students have an opportunity to pursue a certificate in addiction prevention and treatment. Students who select the addiction prevention and treatment option will graduate with a certificate in addiction prevention and treatment.

Human Services and Criminal Justice

The Department of Counseling and Human Services and the Department of Sociology and Criminal Justice have created an opportunity for undergraduate students to major in both human services and criminal justice. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students have an opportunity to pursue a certificate in addiction prevention and treatment. Students who select the addiction prevention and treatment option will graduate with a certificate in addiction prevention and treatment.

Human Services and Interdisciplinary Studies - Leadership

The Department of Counseling and Human Services and the Department of Interdisciplinary Studies have created an opportunity for undergraduate students to major in both human services and interdisciplinary studies-leadership. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students will be exposed to a number of fields of study to enhance their knowledge and skills in the area of leadership, professional writing, and technology, while engaging in human services coursework. In addition, students may pursue two specialized certificates within the double major – addiction prevention and treatment and professional leadership.

Students interested in these double major options should contact the Human Services Director for more information, HMSVupd@odu.edu.

Departmental Honors

Students may earn the designation of departmental honors on their diplomas by completing the minimum University standards for honors designation in addition to the human services program standards. Specifically, the standards are:

1. Minimum cumulative GPA of 3.25.
2. Minimum major GPA of 3.5.
3. Completion of at least two 300-400 level courses designated by the department to be honors courses.
4. Completion of at least 60 credit hours at Old Dominion University, 54 of which must be in grade-point graded courses.
5. Completion of a scholarly experience such as a research project with a human services faculty mentor. HMSV 397 Independent Study: Guided Research in Human Services can be taken as an elective course and will qualify as a scholarly experience. Students enrolled in this course may conduct individual or group projects focused on research, literature review, or methodology development. All work is conducted under the supervision and evaluation of a program faculty member. Please contact Dr. Kristy Carlisle, kcarlisl@odu.edu, for more information regarding this course.

Contact the program director, Dr. Kristy Carlisle kcarlisl@odu.edu for more information about this opportunity.

Substance Abuse Course Sequence

For those wishing to pursue credentialing as a Certified Substance Abuse Counselor (CSAC) or Certified Alcohol and Drug Counselor (CADC), the following must be completed: all HMSV degree requirements (core requirements, major requirements, minor requirements, any applicable electives, and General Education requirements) with the selection of HMSV 447 and HMSV 452 as required human services electives. Additionally, HMSV 468 (Internship) is recommended to be in a substance abuse treatment setting.

Degree Program Guide

The Degree Program Guide is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

Human Services

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M preferred)		3
Interpreting the Past		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Second Semester		
Select one of the following:		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology		3

Philosophy and Ethics		3
Information Literacy and Research		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
Elective		3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Credit Hours		16
Second Semester		
Nature of Science		4
Human Creativity		3
Elective		3
Elective		3
HMSV 343	Human Services Methods (C or better required)	3
Credit Hours		16
Junior		
First Semester		
Minor or Upper-Division General Education		3
Minor or Elective		3
HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3
HMSV 447 or HMSV 448	Introduction to Substance Abuse (C or better required) or Interventions and Advocacy with Children	3
Credit Hours		15
Second Semester		
Minor or Upper-Division General Education		3
Minor or Elective		3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
HMSV 452 or HMSV 494	Substance Abuse Treatment and Research (C or better required) or Entrepreneurship in Human Services and Non-Profit Fundraising	3
Credit Hours		15
Senior		
First Semester		
Minor or Elective		3
Elective		3
Elective		1

HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
Credit Hours		16
Second Semester		
HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120

Double Major - Human Services & Criminal Justice - Addiction Prevention and Treatment Certificate

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M required)		3
Interpreting the Past		3
Foreign Language (if required)		0-3
Credit Hours		12-15
Second Semester		
Select one of the following:		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology		3
Philosophy and Ethics		3
Information Literacy and Research		3
Foreign Language (if required)		0-3
Credit Hours		12-15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
CRJS 215S	Introduction to Criminology	3
Credit Hours		16
Second Semester		
Nature of Science		4
Human Creativity		3
CRJS 262	Law and the Criminal Justice System	3
CRJS 222	The Criminal Justice System	3

HMSV 343	Human Services Methods (C or better required)	3
Credit Hours		16
Junior		
First Semester		
300-/400-Level CRJS Elective		3
SOC 337	Social Research Methods	3
HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346 or SOC 320	Diversity Issues in Human Services (C or better required) or Social Inequality	3
HMSV 447 or HMSV 448	Introduction to Substance Abuse (C or better required) or Interventions and Advocacy with Children	3
Elective (if needed to reach 120 hours)		1
Credit Hours		16
Second Semester		
300-/400-Level CRJS Electives		6
CRJS 426W	Criminological Theory	3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
Select one of the following:		3
HMSV 452	Substance Abuse Treatment and Research	
HMSV 494	Entrepreneurship in Human Services and Non-Profit Fundraising	
SOC 494	Entrepreneurship in Sociology/ Criminal Justice	
Credit Hours		18
Senior		
First Semester		
CRJS 436	Capstone Research Project	3
HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
300-/400-Level CRJS Electives		9
Credit Hours		18
Second Semester		
HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120-126

Double Major - Human Services & Interdisciplinary Studies, Leadership Major

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M preferred)		3
Interpreting the Past		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Second Semester		
Select one of the following: (C or better required)		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology (may be met in the double major with IDS 307T/ENGL 307T or with Leadership Elective IT 360T)		3
Philosophy and Ethics (may be met with the Ethical Leadership course option PHIL 303E)		3
Information Literacy and Research		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Leadership Elective		3
Credit Hours		16
Second Semester		
Nature of Science		4
Human Creativity		3
Leadership Elective		3
HMSV 343	Human Services Methods (C or better required)	3
IDS 300W	Interdisciplinary Theory and Concepts (Grade of C or better required)	3
Credit Hours		16
Junior		
First Semester		
Ethical Leadership Course		3
Legal Issues Course		3
HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3

HMSV 447 or HMSV 448	Introduction to Substance Abuse (C or better required) or Interventions and Advocacy with Children	3
Credit Hours		15
Second Semester		
Communication Skills & Leadership Course		3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
HMSV 494 or IDS 301 or HMSV 452	Entrepreneurship in Human Services and Non-Profit Fundraising or Data and Humanities Research or Substance Abuse Treatment and Research	3
IDS 493	IDS Electronic Portfolio Project (Grade of C- or better required)	3
Credit Hours		15
Senior		
First Semester		
HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
Legal Issues Course		3
Leadership Elective		3
Elective		1
Credit Hours		16
Second Semester		
HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120

* Grade of C- or better required in IDS 301.

Double Major - Human Services & Sociology - Addiction Prevention and Treatment Certificate

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M required)		3
Interpreting the Past		3
Foreign Language (if required)		0-3
Credit Hours		12-15

Second Semester		
Select one of the following:		
ENGL 211C	Writing, Rhetoric, and Research	3
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	3
Impact of Technology		3
Philosophy and Ethics		3
Information Literacy and Research		3
Foreign Language (if required)		0-3
Credit Hours		12-15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
SOC 337	Social Research Methods	3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Credit Hours		16
Second Semester		
Nature of Science		4
Human Creativity		3
300-/400-Level SOC Electives		6
HMSV 343	Human Services Methods (C or better required)	3
Credit Hours		16
Junior		
First Semester		
300-/400-Level SOC Elective		3
HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3
HMSV 447	Introduction to Substance Abuse (C or better required)	3
SOC 409W	Sociological Theory	3
Elective (if needed to reach 120 hours)		3
Credit Hours		18
Second Semester		
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
HMSV 494 or SOC 494	Entrepreneurship in Human Services and Non-Profit Fundraising or Entrepreneurship in Sociology/Criminal Justice	3
300-/400-Level SOC Electives		6
Elective (if needed to reach 120 hours)		1
Credit Hours		16

Senior**First Semester**

SOC 436	Capstone Research Project	3
HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
300-/400-Level SOC Elective		3
HMSV 452	Substance Abuse Treatment and Research	3
Credit Hours		18

Second Semester

HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120-126

Double Major - Human Services & Sociology, Social Welfare Major

Course	Title	Credit Hours
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Freshman**First Semester**

ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M required)		3
Interpreting the Past		3
Foreign Language (if required)		0-3
Credit Hours		12-15

Second Semester

Select one of the following:		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology		3
Philosophy and Ethics		3
Information Literacy and Research		3
Foreign Language (if required)		0-3
Credit Hours		12-15

Sophomore**First Semester**

Nature of Science		4
Literature		3
SOC 337	Social Research Methods	3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Credit Hours		16

Second Semester

Nature of Science		4
Human Creativity		3
HMSV 343	Human Services Methods (C or better required)	3
SOC 320	Social Inequality	3
SOC 325	Social Welfare	3
Credit Hours		16

Junior**First Semester**

HMSV 344	Career Development and Appraisal (C or better required)	3
SOC 409W	Sociological Theory	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3
HMSV 448	Interventions and Advocacy with Children	3
300-/400-Level SOC Elective		3
Elective (if needed to reach 120 hours)		3
Credit Hours		18

Second Semester

SOC 323	Sociology of Minority Families	3
SOC 402	Sociology of Child Welfare	3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 494 or SOC 494	Entrepreneurship in Human Services and Non-Profit Fundraising or Entrepreneurship in Sociology/Criminal Justice	3
HMSV 444	Psycho-educational Groups (C or better required)	3
Elective (if needed to reach 120 hours)		1
Credit Hours		16

Senior**First Semester**

SOC 436	Capstone Research Project	3
HMSV 447	Introduction to Substance Abuse (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
SOC 426	Minority Group Relations	3
300-/400-Level SOC Elective		3
Credit Hours		18

Second Semester

HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120-126

BS Human Services to MEd Counseling Linked Program

There is a linked program available to qualified students under existing university policy to link the Bachelor of Science with a major in Human Services (p. 1) undergraduate program with the Master of Science in Education (Counseling with a Concentration in Clinical Mental Health Counseling) (<https://catalog.odu.edu/graduate/education/counseling-human-services/counseling-clinical-mental-health-msed/>) or Master of Science in Education (Counseling with a Concentration in School Counseling) (<https://catalog.odu.edu/graduate/education/counseling-human-services/counseling-school-msed/>) graduate program. See program director for additional details.

Advanced students in the human services major with excellent academic achievement may apply to take up to 4 courses (12 credit hours) in the counseling M.S.Ed. program. If interested in pursuing the full M.S.Ed. degree, students may complete their bachelor's degree and master's degree in 180 credit hours or approximately 6 full years.

Admissions

Admission to the linked program requires the following:

1. Completion of at least 60 credit hours and attainment of Junior status.
2. Declaration of Human Services as the academic major.
3. Completion of 9 credits hours in the Human Services program at ODU (HMSV 341, HMSV 339, and HMSV 343).
4. A minimum GPA of 3.3, which must be maintained.

Application

Students who meet the above minimum criteria should contact the graduate program director of the counseling program. Once admitted into the linked program, students may take:

1. COUN 601 Principles of Professional Counseling and Ethics
2. COUN 633 Counseling and Psychotherapy Techniques
3. COUN 650 Theories of Counseling and Psychotherapy
4. COUN 655 Social and Cultural Issues in Counseling

Counseling graduate courses completed with a B or better count towards the following requirements up to 12 credit hours:

- HMSV 346 Diversity Issues in Human Services;
- and either HMSV 491 Family Guidance or HMSV 344 Career Development and Appraisal;
- and either HMSV 448 Interventions and Advocacy with Children and HMSV 494 Entrepreneurship in Human Services and Non-Profit Fundraising **OR** HMSV 447 Introduction to Substance Abuse and HMSV 452 Substance Abuse Treatment and Research.

Note: Students must take courses based on their respective campus designation (either online or on-campus)

Full admission to the M.S.Ed.

Upon attaining senior status, students in the linked program complete their application to the M.S.Ed. program with two letters of recommendation and an essay on their goals for entering the M.S.Ed. in Counseling. Students must maintain their degree GPA of 3.3 and earn at least a B in the graduate classes to be eligible for admission to the M.S.Ed.